

Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Apr 1, 2024 thru Apr 5, 2024

EL CLASSROOM BREAKFAST #1

Generated on: 3/20/2024 10:43:15 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 04/01/2024																
EL CLASSROOM BREAKFA	Total	5000														
POP TARTS,WG Blueberry 2018	PKG. of (2 ea)	5000	360	0	360	6.00	3.60	200.0	1000	0.0	30	4.0	76.0	5.0	2.00	0.00
Craisins, Strawberry	servings	1	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
Craisins, Strawberry	servings	4999	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	3000	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			584	7	501	9.00	4.03	490.0	1620	0.96	70	13.20	122.40	6.00	2.60	0.00
% of Calories											48.2%	9.0%	83.8%	9.2%	4.0%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Tue - 04/02/2024																
EL CLASSROOM BREAKFA	Total	5000														
Muffins, Blue-Buena Vista 22	1 ea	5000	230	25	240	2.00	1.80	20.0	85	0.0	17	4.0	39.0	7.0	1.00	0.00
GRAPES,Fresh PKG '23	servings	1	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
GRAPES,Fresh PKG '23	servings	4999	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	3000	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			375	32	382	2.41	2.36	316.4	631	2.80	41	13.49	65.29	8.16	1.65	0.00
% of Calories											43.6%	14.4%	69.7%	19.6%	4.0%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Wed - 04/03/2024																
EL CLASSROOM BREAKFA	Total	4950														
Pancakes, Confetti Bites 2022	pkg	4950	210	10	210	4.00	3.60	20.0	1000	0.0	11	4.0	36.0	7.0	1.00	0.00
Crisps, Apple-Strawberry '22	BAG	1	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
Crisps, Apple-Strawberry '22	BAG	4950	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	300	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	4650	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			359	13	346	5.93	4.28	276.1	1534	0.15	36	12.18	65.40	7.15	1.09	0.00
% of Calories											39.5%	13.6%	72.8%	17.9%	2.7%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

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Apr 1, 2024 thru Apr 5, 2024

EL CLASSROOM BREAKFAST #1

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 04/04/2024																
EL CLASSROOM BREAKFA	Total	4950														
Bar, Benefit Apple Cinn '22	1 EACH	4950	290	15	240	3.00	1.80	20.0	110	0.0	22	5.0	48.0	9.0	3.00	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	1	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	4950	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	300	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	4650	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			435	18	376	5.00	2.66	286.1	660	123.77	46	13.18	75.76	9.15	3.09	0.00
% of Calories											42.1%	12.1%	69.7%	19.0%	6.4%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Fri - 04/05/2024																
EL CLASSROOM BREAKFA	Total	4950														
FRENCH TOAST Mini Berry '22	SERV	4950	210	0	190	2.00	1.44	59.9	55	0.0	11	3.99	35.92	6.99	1.00	0.00
Juice, Orange,4oz. Hollan-2018	CARTONS	1	60	0	10	0.00	0.00	0.0	60	30.0	12	1.0	14.0	0.0	0.00	0.00
Juice, Orange,4oz. Hollan-2018	CARTONS	4950	60	0	10	0.00	0.00	0.0	60	30.0	12	1.0	14.0	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	300	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	4650	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			380	3	336	2.00	2.11	315.9	615	30.15	41	13.17	69.68	7.14	1.09	0.00
% of Calories											42.9%	13.9%	73.3%	16.9%	2.6%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Weighted Average			427	15	388	4.87	3.09	336.9	1012	31.57	47	13.04	79.71	7.52	1.90	0.00
											98.4%	12.2%	74.7%	15.9%	4.0%	0.0%

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

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Apr 1, 2024 thru Apr 5, 2024

EL CLASSROOM BREAKFAST #1

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
		% of Cals	Weekly Target		% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)								
Calories	427		350 - 500		100%												
Cholesterol (mg)	15																
Sodium 1 (mg)	388		540		72%												
Fiber (g)	4.87																
Iron (mg)	3.09																
Calcium (mg)	336.9																
Vitamin A (IU)	1012																
Sugars (g)	47	43.75%															
Vitamin C (mg)	31.57																
Protein (g)	13.04	12.23%															
Carbohydrate (g)	79.71	74.74%															
Total Fat (g)	7.52	15.87%	<=30.00%														
Saturated Fat (g)	1.90	4.02%	<10.00%														
Trans Fat ¹ (g)	0.00	0.00%															

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Rialto Unified School District

Apr 8, 2024 thru Apr 12, 2024

Base Menu Spreadsheet

EL CLASSROOM BREAKFAST #1

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 04/08/2024																
EL CLASSROOM BREAKFA	Total	4950														
PAN DULCE (STRAW.)	1 EACH	4950	200	5	90	2.00	1.80	40.0	40	0.0	8	5.0	34.0	6.0	1.50	0.00
Craisins, Strawberry	servings	1	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
Craisins, Strawberry	servings	4950	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	300	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	4650	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			421	8	226	5.00	2.48	296.1	660	0.15	50	13.18	81.76	6.15	1.59	0.00
% of Calories											47.3%	12.5%	77.8%	13.2%	3.4%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Tue - 04/09/2024																
EL CLASSROOM BREAKFA	Total	5000														
BURRITO,Brkft.Bn&Ch-Wh-Gr-2	EACH	5000	177	20	264	3.90	0.76	186.3	168	0.0	0	9.92	18.12	7.3	3.54	0.00
017																
GRAPES,Fresh PKG '23	serving	1	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
GRAPES,Fresh PKG '23	serving	4999	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	3000	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			322	28	406	4.31	1.32	482.7	714	2.80	24	19.41	44.41	8.46	4.19	0.00
% of Calories											29.9%	24.1%	55.2%	23.7%	11.7%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Wed - 04/10/2024																
EL CLASSROOM BREAKFA	Total	4950														
DOUBLE CHOC. BAR- 2017	1 EACH	4950	270	0	230	5.00	2.70	20.0	105	0.0	21	5.0	48.0	8.0	2.50	0.00
BANANAS	1 EACH	1	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
BANANAS	1 EACH	4949	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
MILK,1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	2950	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			474	7	372	7.63	3.39	315.5	670	9.76	50	15.31	89.45	9.34	3.22	0.00
% of Calories											42.0%	12.9%	75.5%	17.7%	6.1%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

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Rialto Unified School District

Apr 8, 2024 thru Apr 12, 2024

Base Menu Spreadsheet

EL CLASSROOM BREAKFAST #1

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 04/11/2024																
EL CLASSROOM BREAKFA	Total	4950														
Sndwich Chx & Sausage 2020	1 serving	4950	159	26	312	1.40	1.10	110.0	110	0.0	2	9.7	16.0	6.4	2.60	0.00
APPLES,Fresh sliced 2017 2oz	1 pkg. (2oz)		34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh sliced 2017 2oz	1 pkg. (2oz)	4950	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	300	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	4650	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			304	29	448	3.40	1.96	376.1	660	123.77	26	17.88	43.76	6.55	2.69	0.00
% of Calories											33.7%	23.6%	57.7%	19.4%	8.0%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Fri - 04/12/2024																
EL CLASSROOM BREAKFA	Total	4950														
Muffins, Banana-Buena Vista 22	1 ea	4950	230	20	200	2.00	1.80	20.0	80	0.0	16	4.0	39.0	7.0	1.00	0.00
Juice, apple 4oz. Hollan-2018	1 CARTONS		55	0	0	0.00	0.72	0.0	65	0.0	13	0.0	14.0	0.0	0.00	0.00
Juice, apple 4oz. Hollan-2018	1 CARTONS	4949	55	0	0	0.00	0.72	0.0	65	0.0	13	0.0	14.0	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	300	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	4650	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			396	23	336	2.00	3.20	276.1	645	0.15	47	12.18	72.76	7.15	1.09	0.00
% of Calories											47.3%	12.3%	73.6%	16.3%	2.5%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Weighted Average			383	19	358	4.47	2.47	349.3	670	27.32	39	15.59	66.43	7.53	2.56	0.00
											92.0%	16.3%	69.4%	17.7%	6.0%	0.0%

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
		% of Cals	Weekly Target		% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)								
Calories	383		350 - 500		100%												
Cholesterol (mg)	19																
Sodium 1 (mg)	358		540		66%												
Fiber (g)	4.47																
Iron (mg)	2.47																
Calcium (mg)	349.3																
Vitamin A (IU)	670																
Sugars (g)	39	40.90%															
Vitamin C (mg)	27.32																
Protein (g)	15.59	16.28%															
Carbohydrate (g)	66.43	69.35%															
Total Fat (g)	7.53	17.69%	<=30.00%														
Saturated Fat (g)	2.56	6.01%	<10.00%														
Trans Fat ¹ (g)	0.00	0.00%															

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Rialto Unified School District

Apr 15, 2024 thru Apr 19, 2024

Base Menu Spreadsheet

EL CLASSROOM BREAKFAST #1

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 04/15/2024																
EL CLASSROOM BREAKFA	Total	4950														
Pocket, Pizza Pepp '22	1 EACH	4950	300	30	590	3.00	2.70	240.0	70	0.0	5	19.0	31.0	12.0	5.00	0.00
Craisins, Strawberry	servings	1	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
Craisins, Strawberry	servings	4950	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	300	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	4650	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			521	33	726	6.00	3.38	496.1	690	0.15	47	27.18	78.76	12.15	5.09	0.00
% of Calories											35.9%	20.9%	60.5%	21.0%	8.8%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Tue - 04/16/2024																
EL CLASSROOM BREAKFA	Total	5000														
OATMEAL CHOC-CHIP BAR-2017	1 EACH	5000	290	20	240	3.00	1.80	20.0	110	0.0	22	5.0	47.0	9.0	3.00	0.00
GRAPES,Fresh PKG '23	serving	1	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
GRAPES,Fresh PKG '23	serving	4999	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	3000	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			435	27	382	3.41	2.36	316.4	656	2.80	46	14.49	73.29	10.16	3.65	0.00
% of Calories											42.2%	13.3%	67.4%	21.0%	7.6%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Wed - 04/17/2024																
EL CLASSROOM BREAKFA	Total	4950														
Waffles, Mini Maple 2017	pkg	4950	210	0	170	3.00	0.72	20.0	65	0.0	13	4.0	38.0	6.0	1.00	0.00
Crisps, Apple-Strawberry '22	BAG	1	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
Crisps, Apple-Strawberry '22	BAG	4950	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	300	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	4650	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			359	3	306	4.93	1.40	276.1	599	0.15	38	12.18	67.40	6.15	1.09	0.00
% of Calories											41.8%	13.6%	75.1%	15.4%	2.7%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

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Rialto Unified School District

Apr 15, 2024 thru Apr 19, 2024

Base Menu Spreadsheet

EL CLASSROOM BREAKFAST #1

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 04/18/2024																
EL CLASSROOM BREAKFA	Total	4950														
UBR - BRKFST CINN ROUND 2 020	1 EACH	4950	260	0	190	3.00	2.70	80.0	70	0.0	14	5.0	38.0	10.0	2.50	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	1	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	4950	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	300	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	4650	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			405	3	326	5.00	3.55	346.1	620	123.77	38	13.18	65.76	10.15	2.59	0.00
% of Calories											37.3%	13.0%	65.0%	22.6%	5.8%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Fri - 04/19/2024																
EL CLASSROOM BREAKFA	Total	4950														
Cereal Bar, Trix 2019	Package	4950	150	0	100	3.00	1.80	250.0	100	1.2	9	2.0	30.0	3.0	0.50	0.00
Juice, Orange,4oz. Hollan-2018	CARTONS	1	60	0	10	0.00	0.00	0.0	60	30.0	12	1.0	14.0	0.0	0.00	0.00
Juice, Orange,4oz. Hollan-2018	CARTONS	4950	60	0	10	0.00	0.00	0.0	60	30.0	12	1.0	14.0	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	300	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	4650	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			321	3	246	3.00	2.48	506.1	660	31.35	39	11.18	63.76	3.15	0.59	0.00
% of Calories											48.4%	13.9%	79.5%	8.8%	1.7%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Weighted Average			408	14	397	4.47	2.63	388.1	645	31.64	41	15.64	69.79	8.35	2.60	0.00
											91.2%	15.3%	68.4%	18.4%	5.7%	0.0%

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Error Messages (if any)
Calories	408			350 - 500	100%													
Cholesterol (mg)	14																	
Sodium 1 (mg)	397			540	74%													
Fiber (g)	4.47																	
Iron (mg)	2.63																	
Calcium (mg)	388.1																	
Vitamin A (IU)	645																	
Sugars (g)	41	40.53%																
Vitamin C (mg)	31.64																	
Protein (g)	15.64	15.34%																
Carbohydrate (g)	69.79	68.43%																
Total Fat (g)	8.35	18.43%			<=30.00%													
Saturated Fat (g)	2.60	5.74%			<10.00%													
Trans Fat ¹ (g)	0.00	0.00%																

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Rialto Unified School District

Apr 22, 2024 thru Apr 26, 2024

Base Menu Spreadsheet

EL CLASSROOM BREAKFAST #1

Portion Values - Detailed

Page 1

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 04/22/2024																
EL CLASSROOM BREAKFA	Total	5000														
Sndwch Pncke, Beef Sausage '22	serving	5000	192	16	309	2.06	2.24	27.6	21	0.08	4	10.75	26.34	4.95	1.35	0.00
Craisins, Strawberry	servings	1	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
Craisins, Strawberry	servings	4999	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	4000	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			414	20	447	5.06	2.82	297.6	641	0.56	45	19.35	73.54	5.45	1.65	0.00
% of Calories											43.9%	18.7%	71.0%	11.8%	3.6%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Tue - 04/23/2024																
EL CLASSROOM BREAKFA	Total	5000														
FRENCH TOAST BAR-2018	1 EACH	5000	290	25	200	3.00	1.80	40.0	105	0.0	21	5.0	47.0	9.0	2.50	0.00
GRAPES,Fresh PKG '23	serving	1	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
GRAPES,Fresh PKG '23	serving	4999	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	3000	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			435	32	342	3.41	2.36	336.4	651	2.80	45	14.49	73.29	10.16	3.15	0.00
% of Calories											41.3%	13.3%	67.4%	21.0%	6.5%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Wed - 04/24/2024																
EL CLASSROOM BREAKFA	Total	4950														
Snack'n Waffles, Cinnamon	pkg	4950	250	44	290	2.00	1.44	30.0	75	0.0	15	6.0	37.0	9.0	4.00	0.00
BANANAS	1 EACH	1	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
BANANAS	1 EACH	4949	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
MILK,1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	2950	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			454	51	432	4.63	2.13	325.5	640	9.76	44	16.31	78.45	10.34	4.72	0.00
% of Calories											38.5%	14.4%	69.1%	20.5%	9.4%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

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Rialto Unified School District

Apr 22, 2024 thru Apr 26, 2024

Base Menu Spreadsheet

EL CLASSROOM BREAKFAST #1

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 04/25/2024																
EL CLASSROOM BREAKFA	Total	4950														
Break Cluster 2022	1 EACH	4950	260	0	190	3.00	2.70	80.0	70	0.0	14	5.0	38.0	10.0	2.50	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	1	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	4949	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	2950	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			408	7	331	5.00	3.31	380.4	620	124.57	36	14.21	64.38	11.01	3.11	0.00
% of Calories											35.7%	13.9%	63.1%	24.3%	6.9%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Fri - 04/26/2024																
EL CLASSROOM BREAKFA	Total	4950														
BREAD,BANANA 2023	1 EACH	4950	163	19	84	1.41	0.57	12.9	44	1.99	*14	2.03	24.48	7.14	0.68	*0.00
Juice, apple 4oz. Hollan-2018	CARTONS	1	55	0	0	0.00	0.72	0.0	65	0.0	13	0.0	14.0	0.0	0.00	0.00
Juice, apple 4oz. Hollan-2018	CARTONS	4949	55	0	0	0.00	0.72	0.0	65	0.0	13	0.0	14.0	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	300	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	4650	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			329	22	220	1.41	1.97	269.0	609	2.14	*45	10.21	58.24	7.29	0.77	*0.00
% of Calories											*54.8%	12.4%	70.8%	19.9%	2.1%	*0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Weighted Average			408	27	354	3.90	2.52	321.8	632	27.96	*43	14.91	69.58	8.85	2.68	*0.00
											*95.1%	14.6%	68.2%	19.5%	5.9%	*0.0%

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Rialto Unified School District

Apr 22, 2024 thru Apr 26, 2024

Base Menu Spreadsheet

EL CLASSROOM BREAKFAST #1

Portion Values - Detailed

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Nutrient	Menu AVG	Portion Size % of Cals	Reimb Qty Weekly Target	Cals (kcal) % of Target	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Error Messages (if any)
Calories	408		350 - 500	100%														
Cholesterol (mg)	27																	
Sodium 1 (mg)	354		540	66%														
Fiber (g)	3.90																	
Iron (mg)	2.52																	
Calcium (mg)	321.8																	
Vitamin A (IU)	632																	
Sugars (g)	43	42.26%				Missing												
Vitamin C (mg)	27.96																	
Protein (g)	14.91	14.62%																
Carbohydrate (g)	69.58	68.21%																
Total Fat (g)	8.85	19.52%	<=30.00%															
Saturated Fat (g)	2.68	5.91%	<10.00%															
Trans Fat ¹ (g)	0.00	0.00%				Missing												

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Apr 29, 2024 thru Apr 30, 2024

EL CLASSROOM BREAKFAST #1

Generated on: 3/20/2024 10:44:09 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 04/29/2024																
EL CLASSROOM BREAKFA	Total	5000														
FRENCH TOAST Mini Berry '22	SERV	5000	210	0	190	2.00	1.44	59.9	55	0.0	11	3.99	35.92	6.99	1.00	0.00
Craisins, Strawberry	servings	1	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
Craisins, Strawberry	servings	4999	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	3000	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			434	7	331	5.00	1.87	349.9	675	0.96	51	13.19	82.32	7.98	1.60	0.00
% of Calories											47.4%	12.2%	76.0%	16.6%	3.3%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Tue - 04/30/2024																
EL CLASSROOM BREAKFA	Total	5000														
Muffins, Blue-Buena Vista 22	1 ea	5000	230	25	240	2.00	1.80	20.0	85	0.0	17	4.0	39.0	7.0	1.00	0.00
GRAPES,Fresh PKG '23	serving	1	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
GRAPES,Fresh PKG '23	serving	4999	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	3000	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			375	32	382	2.41	2.36	316.4	631	2.80	41	13.49	65.29	8.16	1.65	0.00
% of Calories											43.6%	14.4%	69.7%	19.6%	4.0%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Weighted Average			404	20	356	3.71	2.12	333.2	653	1.88	46	13.34	73.81	8.07	1.62	0.00
											102.7%	13.2%	73.0%	18.0%	3.6%	0.0%

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Rialto Unified School District

Apr 29, 2024 thru Apr 30, 2024

Base Menu Spreadsheet

EL CLASSROOM BREAKFAST #1

Portion Values - Detailed

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
		% of Cals	Weekly Target		% of Target*	Miss Data	Shortfall*	Overage*	Error Messages (if any)*								
Calories	404		350 - 500														
Cholesterol (mg)	20																
Sodium 1 (mg)	356		540														
Fiber (g)	3.71																
Iron (mg)	2.12																
Calcium (mg)	333.2																
Vitamin A (IU)	653																
Sugars (g)	46	45.65%															
Vitamin C (mg)	1.88																
Protein (g)	13.34	13.20%															
Carbohydrate (g)	73.81	73.04%															
Total Fat (g)	8.07	17.98%	<=30.00%														
Saturated Fat (g)	1.62	3.62%	<10.00%														
Trans Fat ¹ (g)	0.00	0.00%															

*Data comparisons are not available for one or two day selections

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